

Auditing Tool related to the Symbol Categories

<i>Colour Key</i>		
 <i>The Being Stage</i> <i>(0 - 6 Months)</i>	 <i>The Doing Stage</i> <i>(6 - 18 Months)</i>	 <i>The Thinking Stage</i> <i>(18 Months - 3 Years)</i>
 <i>Identity & Power</i> <i>(3-6 Years)</i>	 <i>Skills & Structure</i> <i>(6-12 Years)</i>	 <i>Integration</i> <i>(13-19 Years)</i>

Please note – the Yellow for the Thinking stage has been substituted with plain black text to ensure it can be read

Attachment and Emotions

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> • To bond emotionally; trust caring adults and self • To continue to form secure attachments with parents and/or care-giver • To accept nurture • To accept touch <p>We want you to be here and want to care for you We're glad you're here You belong here We are glad you are you</p>			
<ul style="list-style-type: none"> • To call for care • To learn to get needs met • To get help in times of distress • To signal needs; to trust others & self <p>What you need is important to us We want you to be here and want to care for you You can know what you need and ask for help We trust you to ask for support when you need it</p>			

Attachment and Emotions (2)

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To express anger and other feelings <p>It's Ok for you to be angry, and we won't let you hurt yourself or others All of your feelings are OK here You can feel all of your feelings here</p>			
<ul style="list-style-type: none"> To develop internal controls <p>It's Ok for you to be angry, and we won't let you hurt yourself or others All of your feelings are OK here</p>			

Thinking and Exploration

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To use all senses to explore the environment <p>You can use all of your senses when you explore You can be interested in everything</p>			
<ul style="list-style-type: none"> To develop sensory awareness using all senses <p>You can explore and experiment and we will support and protect you</p>			
<ul style="list-style-type: none"> To learn to think and solve problems with cause-and-effect thinking <p>I'm glad you're starting to think for yourself You can learn to think for yourself and others too You can think for yourself and get help instead of staying in distress You can do things as many times as you need to</p>			

Thinking and Exploration (2)

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To separate fantasy from reality <p>You can learn what is pretend and what is real</p>			
<ul style="list-style-type: none"> To reason about wants and needs 			
<ul style="list-style-type: none"> To learn to listen in order to collect information and think 			
<ul style="list-style-type: none"> To practice thinking and doing <p>You can think and feel at the same time You can think before you say 'Yes' or 'No'</p>			

Social Skills

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To learn to exert power to affect relationships <p>You can try out different ways of being powerful</p>			
<ul style="list-style-type: none"> To discover the effect on others & place in groups <p>You can explore who you are and find out about others</p>			
<ul style="list-style-type: none"> To practice socially appropriate behaviour <p>You can learn the rules that help you live with others You can learn when and how to disagree</p>			
<ul style="list-style-type: none"> To disagree with others and still be wanted <p>We still want to be with you when we disagree</p>			

Social Skills (2)

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> • To develop the capacity to cooperate <p>You can learn the rules that help you live with others</p>			

Identity and Self-Esteem

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To start to give up beliefs about being the centre of the universe <p>You can learn to think for yourself and others too</p>			
<ul style="list-style-type: none"> To separate from parents without losing their security 			
<ul style="list-style-type: none"> To acquire information about the world, self, body and gender role <p>You can explore who you are and find out about others</p>			
<ul style="list-style-type: none"> To learn extent of personal power <p>You can try out different ways of being powerful</p>			
<ul style="list-style-type: none"> To assert an identity separate from others <p>You can know who you are and learn and practice skills for independence</p>			

Identity and Self-Esteem (2)

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To learn skills; to learn from mistakes; to decide to be 'good enough' <p>You can do things as many times as you need to We are glad you are you You can grow at your own pace We like to watch you grow and learn</p>			
<ul style="list-style-type: none"> To test abilities against others <p>You can explore who you are and find out about others</p>			
<ul style="list-style-type: none"> To identify with one's own sex <p>You can explore who you are and find out about others</p>			
<ul style="list-style-type: none"> To test ideas and values <p>You can explore who you are and find out about others</p>			

Identity and Self-Esteem (3)

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To emerge as a separate independent person with own identity and values <p>You can develop your own interests, relationships and causes You can know who you are and learn and practice skills for independence We like to watch you grow and learn</p>			
<ul style="list-style-type: none"> To take steps towards independence <p>You can know who you are and learn and practice skills for independence</p>			

Rules & Responsibilities

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To test reality, to push against boundaries and other people <p>You can say no and push the limits as much as you need to - and we will keep you and others safe as you do so</p>			
<ul style="list-style-type: none"> To check out family/school rules and structures <p>You can say no and push the limits as much as you need to - and we will keep you and others safe as you do so</p>			
<ul style="list-style-type: none"> To learn the relevance of rules <p>You can learn the rules that help you live with others</p>			

Rules & Responsibilities (2)

Developmental Task(s) & Related Affirmations(s)	Supporting emotional development - through the formal curriculum	Supporting emotional development - outside the formal curriculum	Other opportunities to be explored
<ul style="list-style-type: none"> To experience the consequences of breaking rules <p>You can learn the results of your behaviour</p>			
<ul style="list-style-type: none"> To learn what's one's own responsibility and that of others 			
<ul style="list-style-type: none"> To be competent and responsible for own needs, feelings and behaviours 			