

Individual Behaviour Development Plan - Sam Carr - 20/01/2012

Class/Form: 6P	Date of Birth: 7 August 2001	Chronological Age: 10 Years 5 Months
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Area of Focus	Developmental Task(s) / Affirmations	Target	Strategies
Problem solving - including accepting frustrations involved	<p>Developmental Task(s)</p> <p>To express anger and other feelings</p> <p>Affirmations</p> <p>We want you to be here and want to care for you.</p> <p>You can feel all of your feelings.</p> <p>You can know what you need and ask for help.</p>	<p>I know some ways to solve a problem.</p> <p>I can explain how I go about solving a problem and can give you an example of a problem I have solved.</p>	<p>Use real-life problems that are relevant to Sam.</p> <p>Model using a staged problem-solving approach.</p> <p>Work through a number of examples together; identify frustrations - model that it's OK to feel frustrated; provide some time-out if too frustrated - and return to problem, reviewing progress to-date.</p> <p>Praise for each stage completed; consider working towards a tangible reinforcer once all stages completed - in first instance might be for first 3 stages.</p>
Asking for help more appropriately	<p>Developmental Task(s)</p> <p>To cry or otherwise signal to get needs met</p> <p>To get help in times of distress</p> <p>Affirmations</p> <p>We want you to be here and want to care for you.</p>	<p>Use signal card when either he is unsure or definitely knows he is stuck.</p> <p>Put his hand up to ask a question.</p>	<p>Teacher/TA to go over asap in first instance, gradually increasing amount of time to develop patience and trust that adult will come to him</p> <p>Non-verbal reminder of hand-up rule.</p> <p>Reinforce positive behaviours – 'Thanks for waiting, Sam' / 'Well done for putting your hand up.'</p> <p>Reinforce positive behaviours by others.</p>

Target 1: I know some ways to solve a problem. I can explain how I go about solving a problem and can give you an example of a problem I have solved.

Original Scaling Point: 3

Current Scaling Point: 6

Additional Comments (eg What in particular has worked?):

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Target 2: Use signal card when either he is unsure or definitely knows he is stuck. Put his hand up to ask a question.

Original Scaling Point: 3

Current Scaling Point: 6

Additional Comments (eg What in particular has worked?):

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