

**NURTURE CHART (Adapted from Clarke)**

<b>Abuse</b>	<b>Conditional Care</b>	<b>Assertive Care</b>	<b>Supportive Care</b>	<b>Overindulgence</b>	<b>Neglect</b>
<p>Relating to a child by assault, physical or psychological invasion, direct or indirect don't be messages. Abuse negates the child's needs.</p> <p>However, from the child's perspective any attention is better than none at all.</p>	<p>"I'll take care of you – but you've got to earn it/I'll take care of you if you take care of me."</p> <p>Requires the child to earn care or pay for care in some way. The care the parent gives the child is based on the parent's needs and expectations, rather than the child's needs.</p>	<p>Directly meeting the child's needs. The adult judges that, in light of the circumstances and the child's development, the child is unable to self-care and therefore provides the necessary care.</p> <p>This is decisional caring by the adult, on the basis that it is helpful to the child, responsive to his/her needs and appropriate to the circumstances. It is comforting and loving. It is freely given.</p>	<p>The loving presence of the person who offers help. Again recognises the child and his/her needs. It is care the child is free to accept or reject. It offers help, comfort and love.</p> <p>It stimulates the child to think and to do what they are capable of doing themselves.</p>	<p>Sticky, patronizing care. Whilst dressed as care, it is actually about the adult's needs. It promotes continuing dependence on the adult and teaches the child not to think independently and not to be responsible for self or to others.</p>	<p>This is lack of emotional or physical stimulation and recognition by adults who are unavailable or who ignore the needs of the child.</p> <p>Here, adults are too busy or preoccupied meeting their own needs to be attuned to those of the child. A form of passive abuse.</p>

### Decisions a child/young person is likely to make in response to the different nurture styles

Abuse	Conditional Care	Assertive Care	Supportive Care	Overindulgence	Neglect
<p><i>In this classroom:</i></p> <p><i>I am not powerful. It's my fault, or I'll blame everything on others. I'll be good, or I'll be bad.</i></p> <p><i>Big people get to abuse, or I can abuse those smaller than I am, or I will never abuse.</i></p> <p><i>I won't feel or have needs.</i></p> <p><i>I am alone;</i></p> <p><i>I keep emotional distance from, and don't trust, others.</i></p> <p><i>I blame or strike or leave first.</i></p>	<p><i>In this classroom:</i></p> <p><i>I am what I do. I must strive to please.</i></p> <p><i>Big people get what they want.</i></p> <p><i>I can never do enough.</i></p> <p><i>I must be perfect.</i></p> <p><i>There is a scarcity of love/care.</i></p> <p><i>I must be strong.</i></p> <p><i>I don't trust.</i></p> <p><i>I do keep emotional distance, run away, or blame others.</i></p>	<p><i>In this classroom:</i></p> <p><i>I belong in this classroom. There are people who will take good care of me when I need. It's safe for me to ask for help and I can trust the adults to respond appropriately to my needs.</i></p> <p><i>I am important.</i></p> <p><i>I deserve care.</i></p> <p><i>It's okay to ask for what I need.</i></p> <p><i>I belong here.</i></p> <p><i>I am loved.</i></p> <p><i>Others can be trusted and relied upon.</i></p> <p><i>I can know what I need.</i></p> <p><i>It's okay to be dependent at times.</i></p>	<p><i>In this classroom:</i></p> <p><i>There are people in the classroom who care for me and help me to feel that I belong here and will be noticed. There are times when I can be independent, and that's okay.</i></p> <p><i>I am cared for.</i></p> <p><i>I can know what I need.</i></p> <p><i>I am capable.</i></p> <p><i>I can be powerful.</i></p> <p><i>I am not alone.</i></p> <p><i>It's okay to ask for help.</i></p> <p><i>I can decide when to be dependent and when to be independent.</i></p>	<p><i>In this classroom:</i></p> <p><i>I am not capable. I don't have to be competent.</i></p> <p><i>I don't have to know what I need, think or feel.</i></p> <p><i>Other people are obligated to take care of me.</i></p> <p><i>I don't have to grow up.</i></p> <p><i>To get my needs met, I manipulate or play a victim role.</i></p> <p><i>It's okay to be self-centred.</i></p>	<p><i>In this classroom:</i></p> <p><i>I don't really know who I am or what's right.</i></p> <p><i>I am not important.</i></p> <p><i>I am not lovable.</i></p> <p><i>I survive on my own. It isn't possible or safe to get close, to trust, or to ask for help.</i></p> <p><i>I don't deserve help.</i></p> <p><i>What I do doesn't count if someone has to help me.</i></p> <p><i>Life is hard.</i></p>